



## 2022 Participant Guide

Old Glory 5k  
Monday July 4, 2022



Speedy Sneakers  
**RACING**

# Welcome

Thank you for registering for the upcoming Old Glory 5k and Little Sparkler Dash at Polaris Fashion Place. This will be the inaugural year for this event and we are looking forward to seeing all your smiling faces on July 4.

We want to thank our main Sponsor Aqua-Tots Swim Schools and our host, Polaris Fashion Place. Without them we could not host this event.

We also want to bring special attention to our charity partner for this event, the Make-A-Wish Foundation. As a company, we have a long history with Make-A-Wish. In fact, our time together has gone back to 2014 and we have thoroughly enjoyed working with this fabulous organization that is doing so much good.

Have a great race

*Peter Engellbrecht*  
Race Director



**POLARIS**  
FASHION PLACE®



## Venue

Polaris Fashion Place  
1500 Polaris Parkway  
Columbus, OH 43240

\*Start / Finish - Polaris Lifestyle Center

## Schedule

Monday - July 4

7:55 am - National Anthem  
8:00 am - Little Sparkler Dash  
8:05 am - 5k Run/Walk

## Packet Pickup

### Pre-Race Packet Pickup

Friday July 1  
4:00 to 7:00 pm  
Polaris Fashion Place  
Center Court  
(across from JC Penney)

### Race Day Packet Pickup

Monday July 4  
7:00 to 8:00 am  
Polaris Fashion Place  
Start / Finish



## Animals

For safety purposes and because our insurance does not permit it, only service animals are allowed at our events. A service animal is a working animal, not a pet.



**Please do not bring your animals to the event.**

# Awards



**SAFETY FIRST.  
Fun Every Second!**

**POWELL**  
614-682-8687

**WESTERVILLE**  
614-984-3732

**GAHANNA/  
NEW ALBANY**  
614-407-3388

aqua-tots.com

1st Place Overall Male and Female  
 1st Place Age Group Male and Female  
 14 and under, 15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 and Over

# Start Order

In order to ensure you run or walk with participants of your own pace, you should self seed yourself based on your anticipated race pace. Faster runners to the front, joggers in the middle, walkers and strollers towards the rear.



# Bibs and Timing Chips

When you check in for the 5k event, you will receive a white envelope. Your envelope will have your name on it and inside the envelope will be your bib number, timing chip and two twist ties.

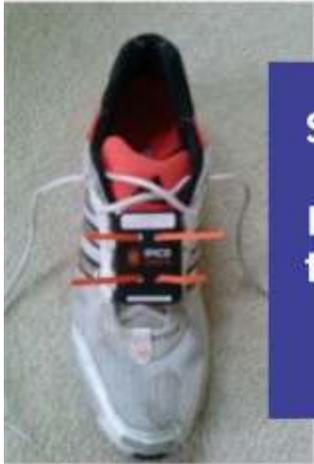
You will need to use the twist ties to attach the timing chip to one of your shoes (see photo sequence below). Please **DO NOT** attach the chip to your shoe with your shoe laces as this can break the chip and cause you to not receive a time.

## How to Correctly Attach the Timing Chip to Your Shoe



### Step 1:

Weave the two twist ties through the laces of your shoe.



### Step 2:

Insert the twist ties through the holes in the timing chip.



### Step 3:

Twist the ties to secure the chip.

### VERY IMPORTANT

Please ensure you have your timing chip with you at the event. When you finish, your chip will serve as your “ticket” to receive a medal.

We do this to ensure that only eligible participants receive medals.

When you finish, make your way to the registration tents, hand in your chip, they will give you a medal.

**Timing chips will be collected after you have completed your race.**

# Course Map



## Chip vs Gun Time

This event will be chip timed. Two times will be provided in the results. A "Chip Time" and a "Gun Time".

**Chip Time** - Is your actual time and starts when you cross the mat at the start and ends when you cross the mat at the finish.

**Gun Time** - Is calculated when the horn/gun sounds at the start of the race and ends when you cross the finish mat.

We will be using gun time to score and assign your finish position. If you want to be considered for any awards you should position yourself as close to the front of the starting group as possible. This complies with

**USATF Rule 245.3** - regarding transponder timing - "the actual time elapsed between an athlete reaching the starting line and finish line can be made known to the athlete, but will not be considered as official time. In short, official time per USATF rule is gun time."

# Parking



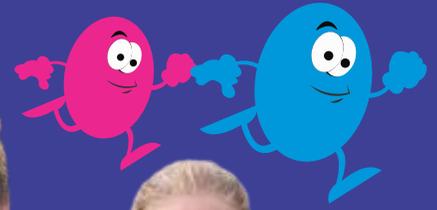
Parking for the event will only be available in the two shaded areas. You will also need to enter off of Lyra Drive (east side of Polaris). All other roads will be blocked.



**POLARIS**  
FASHION PLACE®



5K Run/Walk  
**THE CANDY RACE**  
The Most Deliciously, Fun Family 5K



**July 30**  
**Sharon Woods**  
**Metro Park**  
**Westerville**



[www.thecandyrace.com](http://www.thecandyrace.com)

**Thank You**  
**for**  
**Participating**

**SAFETY FIRST.**  
**Fun Every Second!**



**AQUA-TOTS**  
**SWIM SCHOOLS**

**POWELL**  
614-682-8687

**WESTERVILLE**  
614-984-3732

**GAHANNA/  
NEW ALBANY**  
614-407-3388

[aqua-tots.com](http://aqua-tots.com)